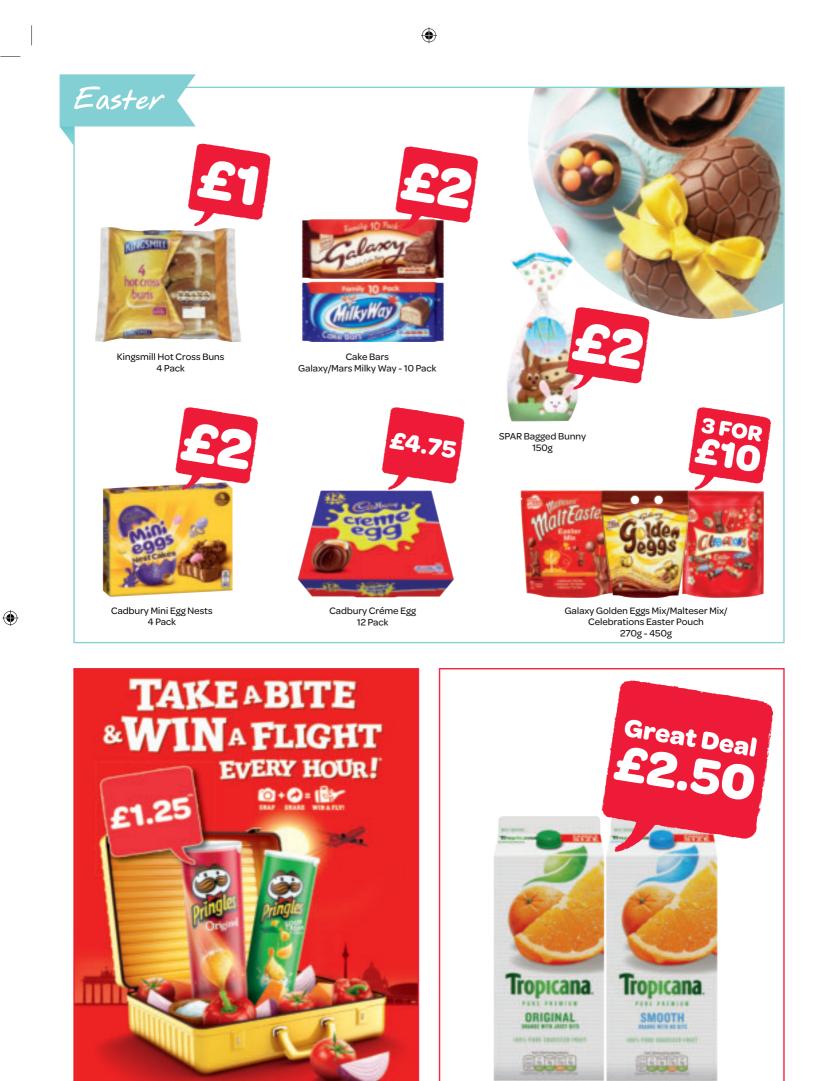


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with Watercress Rocket & Crème Fraiche Dressing, SPAR Carrot, Cauliflower and Broccoli £1 PMP and SPAR New Potatoes with Butter £1 PMP. £4 meal deal includes a choice of Saucy Salmon & Cod Fishcake or Saucy Fish Smoked Haddock, SPAR Carrot, Cauliflower and Broccoli £1 PMP and SPAR New Potatoes with Butter £1 PMP

Grocery 08/03/18 - 04/04/18 Fresh & Frozen 22/03/18 - 18/04/18 Alcohol: 15/03/18 - 11/04/18



Tropicana Original/Smooth 1.6 Litre

Grocery 08/03/18 - 04/04/18 Fresh & Frozen 22/03/18 - 18/04/18 Alcohol: 15/03/18 - 11/04/18



Grocery 08/03/18 - 04/04/18 Fresh & Frozen 22/03/18 - 18/04/18 Alcohol: 15/03/18 - 11/04/18

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See in-store for selected services. Mobile phone top-up cards and cashback facilities. See instore for details. *For Multibuy deals see instore for individual retail price on store shelf edge labels. Prices and savings shown are based on recommended retail prices previously charged in 20% of SPAR stores in Central & South East England and Wales between 14/02/18- 07/03/18. Offers are subject to availability only in participating SPAR stores. Offers available from Alcohol: 15/03/18-11/04/18 Fresh & Frozen 22/03/18-18/04/18 Grocery 08/03/18-04/04/18. E&OE. Higher retail prices were previously charged in over 300 Meridian and Welsh SPAR stores. Prices correct at time of going to press. Varieties as stocked. See in store for selected services.

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